



## Intent

At Naunton Park, personal, social and health education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Our curriculum focuses learning within areas such as:

- preparing children to be a global citizen now and in their future roles within a global community.
- spiritual, moral, cultural, mental and physical development of pupils which prepares them for the opportunities and responsibilities and experiences for later life.
- RSE so that children know more, remember more and understand more.
- How to be safe and to understand and develop healthy relationships both now and in their future lives.
- Awareness of bullying and positive relationships within school.

In line with the statutory guidance for RSE, by the end of KS2 our children will learn:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict – in conjunction with our restorative practice approach
- Using correct terms for body parts – penis, testicles, vagina, vulva and breasts.

Discussion and group work – some aspects of the curriculum in Upper Key Stage 2 will be delivered in single sex groups with **each group** having access to all material



**Implementation**

Presently Naunton Park’s PSHE curriculum is under review to ensure it reflects the National Curriculum statutory coverage and expectations in preparation for September 2020.

Year Group	Units					
F	New beginnings Classroom rules	Life Education bus Anti bullying	Rules Routines Book Buddies Manners Motivation Challenge			
1	New beginnings Classroom rules Life Ed Dome	SEAL Getting On & Falling Out	Going for goals	Good to be me	Relationships	changes
2	Scarf – Living in the wider world Life Space	Scarf – Anti-bullying & How to deal with anger	Scarf - Keeping safe	Scarf - Healthy relationships	Scarf - Healthy lifestyles	Scarf - Valuing differences Changes
3	New Beginnings  School Rules and Values  Restorative Practice	Getting on and Falling Out	Going for Goals	Good to be me	Relationships	Changes / SRE
4	New Beginnings  School Rules and Values  Restorative Practice	Getting on and Falling Out	Going for Goals	Good to be me	Relationships	Changes / SRE
5	Determined Learner New Beginnings	Getting on and Falling Out	Going for Goals	Good to be Me	Relationships	SRE
6	Determined Learner New Beginnings	Getting on and Falling Out	Going for Goals	Good to be Me	Relationships	SRE

Year Group	Lesson objectives
Reception	Responsibility Growing up People who help us Keeping ourselves clean
Year One	Changes – life cycles



	Changes – the human life cycle Being unique Personal hygiene
Year Two	Similarities and differences – body parts Where do babies come from? Changes – physical Changes – becoming independent
Year Three	Similarities and differences – reproductive organs Types of love Personal hygiene – hand washing Personal hygiene - infection
Year Four	Changes – life cycle Changes – responsibilities Personal hygiene – antibiotics Challenging stereotypes
Year Five	Changes – physical Changes – emotional Personal hygiene – keeping clean Genetic inheritance
Year Six	Changes –physical Changes – emotional Life cycle – sexual intercourse Relationships Birth and a new baby

The teaching of this subject will be adapted as required to enable children with SEND to access this area of the curriculum, in line with their individual needs and through liaison with the school SENDCo.

### Impact

Children will know more and remember more about PSHE.

Children will recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.

Children will demonstrate a healthy outlook towards school – attendance will be at least in-line with national and behaviour will be good.

The large majority of children will achieve age related expectations across the wider curriculum in addition to the core subjects.

Children will develop positive and healthy relationship with their peers both now and in the future.

Children will understand the physical aspects involved in RSE at an age appropriate level.

Children will have respect for themselves and others.

Children will have positive body images.