

PGL Residential Meeting 23rd May, 2022

Purpose of Residential Trips

- Having fun!
- Develop social skills, confidence building and independence.
- Sharing and cooperating.
- Understanding one another.
- Accessing a wider range of activities.

Proposed Itinerary

- Monday depart NP 2pm.
- Friday arrive NP 3.15 p.m.
- Children arrive at school on Monday at 8.50 a.m. and go to classroom as usual.
- Labelled luggage to be left in the library. Day rucksacks to go to the classroom.
- Lunch at school on Monday as usual.

When bus arrives!

- Parents are welcome to come back to school at 2pm and wave us goodbye.
- If any parents are able to take cases off of the children and help load them onto the bus, we'd be very grateful.

<u> Liddington - PGL Centre</u>

- In 160 acres near Swindon.
- En-suite accommodation.
- Night security patrol and security gates with CCTV.
- Dining room, indoor activity/entertainment areas, communal meeting areas.
- Once was a hotel. Rooms are very well appointed.



Liddington - PGL Centre

- 3 meals a day.
- All dietary requirements can be catered for.
- Please state dietary needs on your medical form.
- Please bring your own water bottle.

Breakfast

Choice of Cereals
Natural & Fruit Yoghurts
White & Brown Toast with
Preserves
Porridge Oats with Cinnamon,
Brown Sugar & Sultanas

Grilled Bacon
Vegetable Sausages (V)
Tomatoes
Baked Beans
Mushrooms

Seasonal Fresh Fruit Hot & Cold Drinks

Lunch

Homemade Soup of the Day Choice of Breads

Jacket Potato Bar Choice of Meat & Vegetarian Fillings

Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks

Dinner

Homemade Soup of the Day

Breaded Fish Fillet with Lemon & Tartare Sauce Meatballs in Tomato Sauce Creamy Vegetable Kiev (V)

> Chips or Pasta Peas & Ratatouille

Seasonal Fresh Fruit & Salad Bar

Chocolate or Strawberry Mousse

Hot & Cold Drinks



<u>Activities</u>

- Examples of activities; abseiling, archery, climbing, low level ropes, zip-wire, Jacob's ladder, high-wires, fencing, giant swing, orienteering.
- All activities based at the centre.
- Evening activities and entertainment included.





What to pack

- Kit list will be sent as soon as we get it.
- No bedding or sleeping bags required.
- No torches unless for a prearranged reason.
- Don't forget a day bag for a waterbottle and any personal equipment such as a camera, suntan lotion or inhaler.

What to pack

- Children may bring a camera but are expected to look after it themselves.
- May bring a book or quiet game for the journey.
- Please, no iPods, tablets, radios or electronic games.
- NO PHONES!
- Check the forecast.
- Waterproof coat is a must!

Medical and Social Issues

- Please discuss social or medical concerns with class teachers.
- Clearly labelled medicines, with dosage and administration details to Miss Garrick or Mrs Staniland, on 6th July, at the latest.
- Particular issues can be overcome in a variety of ways.
- Useful for children to stay away from home before the trip (if haven't done so already).
- Complete and return consent form ASAP.

Keeping in touch

- 24hr number for emergencies only.
- School can contact staff.
- Staff will contact parents if necessary no news is good news!
- Daily text to parents with updates.
- NPPS Facebook page will be updated daily.
- Children will not be allowed to phone home.

Safety of the Children

- Full 24 hr insurance including the journey.
- Full risk assessments.
- Always qualified first-aiders.
- School staff and qualified trained instructors at the centres.
- Emergency contacts for parents and procedures in place.

Safety of the Children

- Secure site.
- Student:staff ratios higher than requirement.
- Car for emergencies.
- Walkie-Talkies for staff.
- Staff rooms between children's dorms.
- Careful grouping and dorm groups.

Safety of the Children

- School rules and Behaviour Policy apply throughout our trip.
 - Following instructions is vital
 - Listening is vital for everyone's safety
 - Respect of one another, adults, property, personal space
 - Kind language
 - Own dorms ONLY
 - Not mixing with other schools

ANY QUESTIONS?

We are happy to answer general questions now. If, however, your question is relating to just your own child, please come and see us in the playground, give us a ring or send an email to the office and we will be in touch